



Los Alamos
Council on Cancer
P.O. Box 995
Los Alamos, NM
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www.LosAlamosCouncilOnCancer.Org

Presents a Free Community Seminar

Caregivers Need Love Too

Featured Speakers:

Joyce Rubinfeld, RN, BSN, MA Counseling

Rhona S. Levine, Licensed Marriage and Family Therapist

When: Thursday, October 5, 2017 – 6:00 PM

Where: First Baptist Church,
2200 Diamond Drive, Los Alamos

Time: 5:15–6:00 Light Dinner
6:00–7:30 Seminar with Q+A Session

Seminar Objectives:

- Identify the stressors caregivers may experience and recognize the signs and symptoms of caregiver stress.
- Describe the patient's multiple roles within the family and community.
- Obtain increased knowledge of stress relieving techniques and identify stress relieving resources for the caregiver.
- Understand the process of defining "family" for each patient.
- Identify and understand how the existing dynamics of a family may be exacerbated or changed by a cancer diagnosis.
- Describe and understand the caregiver's role within the medical community.
- Understand cultural awareness and how cultural norms may have an impact on a patient and family with a cancer diagnosis.
- Understand the need for a "Team" and describe the role of support groups for the patient, family and others involved in the patient's life.

Pre-registration required by September 30 for light complimentary dinner!

Nurses and Allied Professionals will be awarded 1.5 CE contact hours

Los Alamos Medical Center is a provider approved by the California Board of Registered Nursing
(Provider No. 15835) for 1.5 Contact Hours

**To register, please call the Los Alamos Cooperative Extension Service at 662-2656
(email losalamos@nmsu.edu) or online at <http://www.LosAlamosCouncilOnCancer.org>**